



Provider Resources

For your convenience in finding behavioral health resources, Missouri Department of Mental Health (DMH) has compiled this list. These links will take you out of the DMH website. DMH neither endorse nor take responsibility for the content of other organization's websites.

Traumatic Brain Injury (TBI)

The *Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury* offers free resources for health care professionals. Resources include mTBI pocket guide, ICD-9 TBI Coding Guidance pocket card, clinical recommendations for Cognitive Rehabilitation for mTBI, a co-occurring conditions tool kit and more. <http://www.dcoe.health.mil/TraumaticBrainInjury.aspx>

Defense and Veterans Brain Injury Center is a part of the U.S. military health system. Their mission is to serve active duty military, their beneficiaries, and veterans with traumatic brain injuries through state-of-the-art clinical care, innovative clinical research initiatives and educational programs, and support for force health protection services. This site offers concussion/mTBI fact sheets, TBI basics, case management resources, online education and more. <http://www.dvbic.org/audience/medical-providers>

The *Center for Deployment Psychology* is a resource for health providers who are interested in gaining competency in working with individuals (military or civilian) who have sustained a TBI. The site describes TBI, offers online course (both free for no CEs and a fee to earn CEs), publications and related links <http://deploymentpsych.org/topics-disorders/mild-traumatic-brain-injury-tbi>

Traumatic Brain Injury (TBI) and combat stress that leads to post-traumatic stress disorder (PTSD) have been described as the invisible, signature wounds of war. As a health professional treating service members, you have an important role on the forefront of military medicine. *Real Warriors.net* provides TBI, combat stress and PTSD information specifically tailored to health care providers. Review evidence-based clinical practice guidelines, discover signs and symptoms of combat stress, learn in-depth specifics about military culture and access resources to help you become a TRICARE-accepting physician. <http://realwarriors.net/healthprofessionals>

The *Brain Injury Association of Missouri (BIA-MO)* works to reduce the incidence of brain injury; to promote acceptance, independence, productivity of persons with brain injury; and to support their families. Brain injury facts, resources, educational opportunities and more can be found on their web site. <http://www.biamo.org/fckeditor/Home.aspx>

The VA's *Community Provider Toolkit* features key tools to support the mental health services you provide to Veterans. You can find information on connecting with VA, understanding military culture and experience, as well as tools for working with a variety of mental health conditions. <http://www.mentalhealth.va.gov/communityproviders/>

The Department of Defense (DoD) has made it a priority for health professionals to implement evidence-based *clinical practice guidelines* (CPGs) to improve and standardize the quality of care provided to its beneficiaries. CPGs contain recommendations based on evidence from a systematic review and synthesis of published medical literature. CPGs can improve the quality of clinical decisions. If carefully followed and implemented under the right circumstances, CPGs can further benefit health professionals by:

- Offering clear recommendations for practitioners who are uncertain about how to proceed.
- Providing a more rational basis for referral.
- Promoting efficient use of resources.
- Providing authoritative recommendations that reassure practitioners about the appropriateness of their treatment decisions.
- Improving the consistency of care.

To view the VA/DoD CPG on Management of Concussion/mild Traumatic Brain Injury visit:

<http://www.warrelatedillness.va.gov/provider/tbi/VADoD-CPG-concussion-mTBI.pdf>

24/7 Outreach Center is provided by the *Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury*. A trusted source of information on psychological health and traumatic brain injury issues and resources. Provides responses to your specific questions and needs. If we can't answer your question, we will be sure to connect you to someone that can—whether it's within the Department of Defense, other federal agencies or a civilian/community organization. The site offers a call center, email and live chat. Available to clinicians and clients. <http://www.dcoe.health.mil/Families/Help.aspx>